



	Gluten Free	Wheat Free	Egg Free	Dairy Free	Yeast Free	Soy Free	Peanut Free	Free From Other Tree Nuts	No Added Fructose	No Added Cane Sugar	Vegan	GMO Free	Kosher	Tummy Friendly
All Purpose Pastry Mix	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗
Apple & Cinnamon Pancake Mix	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Biscotti Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗
Bread Mix Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Breadcrumbs Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Brownie Mix - Choc Flavoured	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓
Brownie Mix - Caramel Fudge	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗
Buckwheat Pancake Mix	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Buckwheat Pasta Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Cake Mix (Vanilla and Chocolate varieties)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓
Cake Mix (Banana with Caramel Icing)	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗
Canned Spaghetti in Tomato Sauce	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗	✗
Chocolate Mousse Mix	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chocolate Muffin Mix	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗
Chocolate Caramel Muffin Mix	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗
Corn & Rice Spaghetti	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓
Corn & Vegetable Pasta Range	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Corn Pasta Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Cornbread & Muffin Mix	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓
Crispbread Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Croutons with Garlic & Herbs	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Croutons with Sea Salt	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Custard Powder	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Essential Fibre Rotondo Biscuits	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗
Falafel Mix	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Flour and Multigrain Flour Ranges	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
FruitAsaurus Wholefruit Cookies - Wildberry Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Fruit Filled Biscuit Range	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗
Gluten Free Gluten Replacer Mix	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗
Italian Style Spaghetti	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Itsy Bitsy Bears Choc Berry Biscuits	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗
Itsy Bitsy Bears Choc Chip Biscuits	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗
Itsy Bitsy Cocoa O's	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓
Itsy Bitsy Veg Pasta Shells	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Molasses Licorice	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗	✓	✓	✗	✗
Multigrain Breakfast O's with Quinoa	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
No Egg - Egg Replacer Mix	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Outback Animals Cookies Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗
Outback Animals Vegetable Pasta Shapes	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Pizza & Pastry Multi Mix	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗
Premium Deli Crackers - Multigrain with Poppyseed	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Premium Garlic & Parsley Curls	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Quinoa Flakes and Puffs	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗
Quinoa Porridge - Original	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗
Rice & Corn Pasta Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Rice & Millet O's - Wildberry Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Rice & Millet Pasta Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Rice Pasta Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Rico Tea Biscuits	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗
Selfies Vanilla Biscuits	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗
Shortbread Hearts	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓
Self Saucing Pudding Mix - Choc Flavoured	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓
SuperGrains Pasta Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tomato Soup for Cup	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Vegetable & Rice Pasta Range	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Vegetable Gravy Mix	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗
Wafer Crackers Range	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Wholgrain Buckwheat O's - Maple Flavoured	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗

✗ Indicates that ingredients containing this allergen are added to this product.

✓ Indicates that no allergen or ingredients containing the allergen are added to the product.

This information is correct at time of printing April 2015. Please check packaging at point of sale or contact ORGRAN Health & Nutrition directly for more information. [www.ORGRAN.com](http://www.ORGRAN.com)

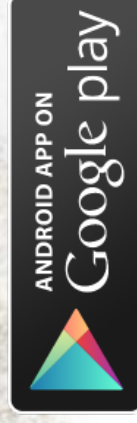
If you suffer from gluten intolerance or I.B.S., look out for the ORGRAN Tummy Friendly logo in the health food aisle. Products displaying this logo are:

- ✓ Fructose Free
- ✓ Gluten Free
- ✓ Made without some of the most common ingredients many people need to avoid or limit for healthy digestion, such as onion, garlic and pea flour.



## Want to know more?

ORGRAN Health & Nutrition manufacture over 80 gluten free products, for every meal of the day. The dedicated manufacturing facility is free from gluten, wheat, eggs, dairy, nuts, peanuts, soy, yeast and GMO ingredients. To see the huge range and 400+ recipes, visit the ORGRAN website or download the FREE app for smartphones today.



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