

## Kohlrabi Salad

**Serves 4**

1 medium Kohlrabi  
2 Carrots  
1 Apple  
Juice of 1 lemon  
100g peanuts  
3 Tbsp mustard seeds  
3tbsp Olive oil

Peel & grate the Kohlrabi. Wash & grate the carrots and apple. Mix with the lemon juice and add the peanuts

Fry the mustard seeds until they begin to pop. Pour the seeds and oil over the salad and mix well  
Serve cold.